



Suggestion in the Nursery.

People to-day seem to be divided into three camps on the question of how much help medical science can get from mental or spiritual suggestion. There are enthusiasts for and conservatives against, and then a large class of mild conservatives, who are willing to see mental suggestion gain and keep a place as the handmaid of medicine, but refuse to have her masquerading as queen. There is assuredly one domain where mental science has always held wide sway, and where its help has been constantly invoked, both consciously and unconsciously, and that is the nursery. The wiser the guardians of the nursery, the more consciously and scientifically is this latent and mysterious force called upon for aid. It is needless to point out that it can be used for harm here as readily as elsewhere, and many broken-down adults might trace the first steps in their undoing to the foolish suggestions planted by ignorance in their nursery days.

Some persons make the mistake of treating every little childish ailment with a sort of portentous solemnity. They talk in such a way as to arouse all the dramatic instinct of a small patient, and help it to fill the role of invalid with gusto. "What are delcunt?" one small girl was heard to ask her

in Bangkok on Jan. 15, 1908, while serving as general adviser to the King of Spain, says the Harvard Bulletin. His remains were cremated at Bangkok on Feb. 5, 1909. The following account is taken from the Siam Free Press of Bangkok:

"The cremation of the remains of the late Hon. Edward H. Strobel, minister plenipotentiary and general adviser to the Siamese government, took place at Wat Dhebasirind with royal honors and in the presence of a large and representative gathering. The funeral pyre was first ignited by the King himself, a mark of the royal affection and esteem such as has never before been bestowed upon any foreigner in the service of the Siamese government.

"At 3 o'clock the casket was placed on the new royal barge at the Protestant cemetery and the cortege started for the crematorium. The front of the catafalque was draped with the Siamese flag and the rear with the United States emblem. The United States minister and the acting general adviser, the Hon. J. I. Westengard (L. L. B. '89), and members of the diplomatic corps occupied the left hand side of the pavilion, while the princes and nobles occupied that on the right and the various members of the consular corps and government officials the center, the general public surrounding the whole.

"At about 5 o'clock the King and Crown Prince arrived, attended by the whole court. His majesty took up his position at the end of the long pavilion near the pyre. A brief Christian service was read by the United States minister and then the King lit the pyre with his own hands."

CHAMPION OF FREE SILVER DEAD

William M. Stewart, formerly Senator from Nevada, died in Washington

WOMAN'S RIGHTS IN TURKEY.



One of the reforms demanded by the revolutionists was the repeal of the law preventing Turkish women from wearing the modern European style of costume.—Constantinople Dispatch.

nurse, whereupon the condition of the delicate was so enthusiastically unfolded to her that "playing sick" became the only game that never palled, and when the day for nursery play had passed and she was a woman grown, it was found that she had never acquired the knack of "playing well."

To "kiss the place and make it well" is a happy form of mental therapeutics to which we have all probably yielded in our infancy; and who has not laughed at the prompt hushing of angry bawls, while some terrible sufferer paused to see how the poor table was standing it?

To win over the dramatic instinct of childhood to the service of health is surely a work worth doing, and quite as easy of accomplishment as the opposite, and it cannot be begun too early.

It is pleasant to recall one nursery full of healthy, happy children, where all passing minor ailments are met with a sort of tolerant surprise by both mother and nurse, and bumps and scratches and histrionic "pains" are distinctly unpopular. Behind this attitude the most watchful care, of course, prevails, but it is, so far as the children are concerned, a silent care, and the language of disease is unknown. The system works perfectly, and is recommended for trial.

KING OF SIAM LIGHTED PYRE.

Cremation of the Late Prof. Strobel, Once of Harvard's Faculty.

Through the courtesy of Lindsay Swift, '77, of the Boston public library, the Bulletin is able to print an account of the ceremony of the cremation of the late Edward H. Strobel, '77, formerly Bemis professor of international law at Harvard, who died

following an operation. Mr. Stewart was noted while in the Senate as the champion of free silver and made many notable speeches in behalf of that cause. His characterization of the demonization of silver as "the crime of '73" is a noted phrase in the financial history of the country. Mr. Stewart was born in Lyons, N. Y., Aug. 9, 1827. He was a student in Yale College when the gold discoveries in California were made in 1849 and went to the Pacific



WILLIAM M. STEWART.

coast overland. He was admitted to the bar in San Francisco in 1852. After being Attorney General of California he went to Virginia City, Nev., where he practiced law and became interested in mines. The Comstock lode made his fortune. He had a stirring frontier life and many narrow escapes from death. His service as United States Senator was between 1893 and 1895 and between 1887 and 1905, when he was succeeded by George S. Nixon.

Some people avoid popular concerts because they are fond of music.

FOR AND ABOUT WOMEN

A Disagreeable Habit.

The habit of snubbing is a most disagreeable one. Those who are snubbed are generally taken off their guard, and given a sudden blow when they are careful and at ease in the security of social intercourse, and thus they are placed at a great disadvantage. A snub, says one, is a check, a blank; it is a curtain suddenly drawn down; it is pulling up against a dead wall; it is cold obstruction and recoil. We have seen parents snub children, first allowing them liberties, then stopping them with a harsh check in mid-career of spirits and in the presence of strangers. Perhaps we have given way to enthusiasm and are met by ridicule. Or we have made a confidence which we think tender, and it is received with indifference. Or we tell a story, and are asked for the point of it. Or we are given to understand that we are mistaken where we have assumed ourselves well informed. Or our taste is coolly set at naught; or we talk, and are reminded we are prosy; or we are brought face to face with our ignorance in a way to make us feel it most keenly. The strength of a snub lies in the sudden apprehension that we have committed ourselves, and a consequent painful sense of insignificance, that there is somebody quite close to us, regardless of our feelings, looking down on us, and ostentatiously unsympathizing. Beware of snubbing any one. It makes a most painful and permanent impression. It may be done in a moment, and yet is not likely to be forgotten for years, if not for an entire lifetime.

How charming is the disposition which instead of repelling, invites the confidence of others. The person who snubs may be unconscious of the harm he or she inflicts on others and how oftentimes friends are lost by a habit which jealousy only too often has created. A snub oftentimes causes a heart pang that never is forgotten.

Women Must Stand Well.

Good carriage not only means good looks, but good health. The importance of standing, sitting and walking correctly can not be overestimated and is entirely one of personal responsibility.

Children should be trained into proper postures, but if early training has been neglected, then it behooves the slouchy and stoop-shouldered to get busy.

It is not as hard as one would think to have a graceful carriage, though to read many of the requirements of the beauty doctors a fully-equipped gymnasium and unlimited time would seem requisite. A few simple rules faithfully followed will quickly improve the most awkward bearing.

To stand well remember to keep the chest high, knees straight, abdomen in, and hips back, and the feet inclined at an angle of about 90 degrees. With chest, knees and hips in their proper places, the feet will generally look after themselves.

To walk well and easily maintain the same position of chest, abdomen and knees, and let the swing come from the hips.

Beauty Tip.

The carriage of the body is even more important than the lines of the figure itself. A beautiful figure poorly carried shows none of its beauty, while a poor figure well carried with grace and dignity gives a distinction which is in itself beautiful. To acquire a good carriage it is necessary to study the required pose carefully in the mirror, then remember to take that pose whenever rising from a chair, and to hold it steadfastly. It requires a constant watchfulness which makes one self-conscious at first, but in time becomes a habit—shoulders back and down, abdomen in, head up and chin in.

Fads and Fancies in Dress

Almost every gown has a different colored shoulder scarf.

It is now quite the fad to have lingerie embroidered in pink and blue, according to fancy.

A waist that closes in the back is always pretty with tucks extending to yolk depth in front. Passementerie drop trimmings are now to be found in all the modish colors, and in pearl, jet, crystal and metallic effects.

There is no more satisfactory arrangement for a yoke than the separate gumpie tied down with ribbons at the waist line.

A long chain, intended to be twisted

around the neck a second and third time, is ornamented with rose coral oblongs effectively matched.

Net girdles of wide soft-mesh are embroidered in ribbons (a lustrous fabric), and fringed with it. They come in all of the fashionable colors.

New cloak gowns, which may be worn as an outdoor garment, or as a princess robe, come in broadcloth, in black, navy blue, violet and smoke color.

A new fabric that looks like directoire satin, but is more warm and supple, is satin-finished cashmere, and it is to be had in the popular shades.

Most of the sleeves of elaborate gowns are of the same lace or net as the yoke, though there has been an effort to establish the sleeve like the gown.

Polish folk fashions are having a strong effect upon coiffures and millinery in Paris, and hair ornaments as well as hat trimmings show traces of barbaric beauty.

Shaded plumes are in high popularity and the old-fashioned navy blue feather, flecked with red, yellow and a variety of other tints, also has special claim to consideration.

To Whiten Skin.

A lotion that is a substitute for cream, and more quickly whitening, is made from two ounces of pure strained honey, half an ounce each of glycerin

their hearts, their pride and their unhappiness mutually encouraging each other.

Sensitive people, above all others, have most need of that grand, spiritual virtue, common sense. And oversensitive girls should be carefully instructed as to the dangers of their peculiar temperament. They should be taught to govern not only their actions but their thoughts and feelings by reason and judgment.

They should be shown how to argue out their misery and reduce it to its lowest terms before allowing themselves to be made miserable by imaginary sorrows. And such girls should be made to believe firmly that no virtue lies in unhappiness.

A Flower Chapeau.

Most of the prettiest spring hats are veritable flower gardens or fruit orchards, so to speak, and in either case are wonderfully attractive.

A charming example of the garden type is depicted in above illustration—a chapeau of pale violet satin straw smartly trimmed with a large bunch of La France roses and white violets and foliage. The strings of satin ribbon matching the straw start from each side and join in a bow under brim at back.

Erectness of Carriage.

To hold herself well has now become indispensable to the woman or girl who wishes to make a creditable figure in the world of smartness. Lounging is completely out of date. The directoire style put it entirely out of court. The adoption of the low

SOME LAST YEAR'S HATS REMODELED.



and rectified spirits, a dram and a half of pure citric acid and three drops of essence of musk. The acid is dissolved in the alcohol. The glycerin is put into a cup and set into boiling water for an instant before adding the honey, the cup remaining in the water just long enough to mingle the two ingredients. As soon as it is cool the alcohol is put in, the essence going last. This is massaged in as cold cream would be applied.

Old Maid's Insurance.

A company has been organized in Copenhagen, Denmark, to insure and reassure young women who dread becoming old maids. A girl who takes out a policy pays a fixed sum every year. If she finds a husband before she reaches 40 she is presumed to have received her money's worth and the policy lapses, the sums she has paid in going to a general fund for the benefit of her less fortunate sisters. If she is unmarried when she is 40 she begins to receive an annual pension, which continues through the rest of her life, or until she marries.

The Over-Sensitive Woman.

The oversensitive woman is of all women the most likely to bring unhappiness upon herself. The chief obstacle to helping people of sensitive temperament, whether such people are young or old, is the idea which dominates most of them that their sensitiveness is not accounted a defect to be controlled by the laws of common sense.

They go through much real misery, hugging their sensitive feelings to

bodice line for ordinary day wear, with filling in of transparent chiffon, net or lace, imperatively demands that the shoulders be held well back.



The most extensive trousseau on record is that of the late Empress of China. The trousseau cost over \$1,000,000.

In several Dutch towns a birth is announced by exposing a silk pin cushion covered and edged with lace at the door—red for a boy and white for a girl.

Queen Wilhelmina, who has recently become a convert to perfumes, prefers the soft, uncertain French odors, and she uses them in a French way. She scents each article of clothing strongly, but with a different odor.

Mrs. Mary Nevins Bull, widow of Dr. William T. Bull, has presented to the New York Academy of Medicine a bronze bust of her husband, which was Dr. Bull's last gift to her before he died. She gives it to the academy in his son's name.

His Ideal.

"What's the ideal wife?"
"The one a man hasn't got."